

# MODULE 1:

## Course Overview and Introduction to the Training



### LEARNING OBJECTIVES:

By the end of this Module, you will be able to:

- Know more about the trainers and other training participants
- Understand the training agenda, objectives, and "ground rules"
- Assess your own baseline knowledge about content and skills to be covered during the training



### CONTENT:

Session 1.1: Welcome, Introductions, Agenda and Ground Rules

Session 1.2: Review of Training Objectives

Session 1.3: Learning Needs Assessment

# SESSION 1.1: Welcome, Introductions, Agenda and Ground Rules

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Welcome to the training!



## Suggested Training Agenda:

### Week 1:

Time	Day 1	Day 2	Day 3	Day 4	Day 5
8:30-10:00	Official Opening  Module 1: Course Overview and Introduction	Module 4: Communication and Counseling Skills	Module 6: ART	Module 7: HIV Prevention, Care and Treatment for Pregnant Women and their Children	Module 8, continued
10:00-10:15	TEA BREAK	TEA BREAK	TEA BREAK	TEA BREAK	TEA BREAK
10:15-12:00	Module 2: Roles and Responsibilities of Peer Educator	Module 4, continued	Module 6, continued	Module 7, continued	Module 8, continued
12:00-1:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00-3:00	Module 3: HIV and Reproductive Health Basics	Module 5: Comprehensive HIV Care	Module 6, continued	Module 7, continued	Module 8, continued
3:00-3:15	TEA BREAK	TEA BREAK	TEA BREAK	TEA BREAK	TEA BREAK
3:15-4:30	Module 3, continued	Module 5, continued	Review or catch-up time	Module 8: Adherence and Psychosocial Support	Module 8, continued
4:30-4:45	DAILY RECAP, EVALUATION AND CLOSING	DAILY RECAP, EVALUATION AND CLOSING	DAILY RECAP, EVALUATION AND CLOSING	DAILY RECAP, EVALUATION AND CLOSING	DAILY RECAP, EVALUATION AND CLOSING

**Week 2:**

Time	Day 6	Day 7	Day 8	Day 9	Day 10
8:30-10:00	Module 9: Identifying and Tracing People Who Do Not Return to the Clinic	Module 10, continued	Module 12: Community Outreach, Education and Linkages	SUPERVISED PRACTICUM – DAY 1	SUPERVISED PRACTICUM – DAY 2
10:00-10:15	TEA BREAK	TEA BREAK	TEA BREAK		
10:15-12:00	Module 9, continued	Module 11: Stigma, Discrimination and Disclosure	Module 12, continued		
12:00-1:00	LUNCH	LUNCH	LUNCH		
1:00-3:00	Module 10: Positive Living	Module 11, continued	Module 13: Record-Keeping and Reporting		
3:00-3:15	TEA BREAK	TEA BREAK	TEA BREAK		
3:15-4:30	Module 10, continued	Module 11, continued Review or catch-up time	Module 14: Supervised Practicum (preparation)		
4:30-4:45	DAILY RECAP, EVALUATION AND CLOSING	DAILY RECAP, EVALUATION AND CLOSING	DAILY RECAP, EVALUATION AND CLOSING		

**Week 3:**

Time	Day 11	Day 12	Day 13	Day 14
8:30-10:00	SUPERVISED PRACTICUM - DAY 3	SUPERVISED PRACTICUM - DAY 4	SUPERVISED PRACTICUM - DAY 5	Practicum Debriefing
10:00-10:15				
10:15-12:00				
12:00-1:00				
1:00-3:00				
3:00-3:15				
3:15-4:30				
4:30-4:45				Module 15: Action Planning, Evaluation and Graduation

## **SESSION 1.2: Review of Training Objectives**

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### **Peer Educator Training Objectives**

**By the end of this basic training course (Modules 1-15), you will be able to:**

1. Work as an integral part of facility multidisciplinary care teams, specifically at prevention of mother-to-child (PMTCT) and HIV care and treatment clinics
2. Provide one-on-one counseling and group education to clients and their families so they better understand, use and adhere to HIV prevention, care and treatment services
3. Assist clients and their families to access different services within the health facility
4. Help prioritize pregnant women for HIV care and treatment services
5. Follow up HIV-exposed babies and provide basic information to clients on caring for their HIV-exposed and HIV-infected babies and children
6. Implement family-focused care by encouraging clients to disclose to family members and bring them to the clinic for counseling, testing, care and treatment
7. Serve as a role model for positive living and adherence to care and treatment
8. Help clients, family members and community members live positively with HIV and prevent new HIV infections
9. Identify and trace clients who have missed appointments or have discontinued treatment in order to bring them back into care
10. Assist clients and their families to access community-based services, such as support groups, associations of people living with HIV (PLHIV) and food support
11. Conduct community mobilization and sensitization around HIV and prevention, care and treatment services
12. Keep records of daily, weekly and monthly activities

**Depending on the length and schedule for this training, we may also complete some advanced training Modules. Or, you may complete these later on as part of your continuing Peer Educator training.**

**After completing the 4 advanced training Modules (Advanced Modules 16-19), you will be able to:**

1. Provide basic counseling on conception, childbearing and family planning and make appropriate referrals
2. Understand the relationship between nutrition and HIV and provide practical nutrition advice to clients and their families
3. Provide more in-depth information to clients on caring for their HIV-exposed and HIV-infected babies and children
4. Organize and lead PLHIV support group meetings

## **SESSION 1.3: Learning Needs Assessment**

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The trainers will conduct a learning needs assessment to find out more about what you already know and what to focus on in the training to best prepare you to become a Peer Educator.



