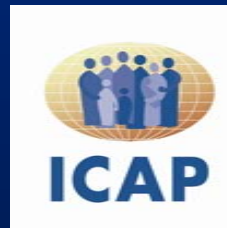


ICAP

INTERNATIONAL CENTER FOR AIDS CARE AND TREATMENT
PROGRAMS
COLUMBIA UNIVERSITY MAILMAN SCHOOL OF PUBLIC
HEALTH

MOZAMBIQUE



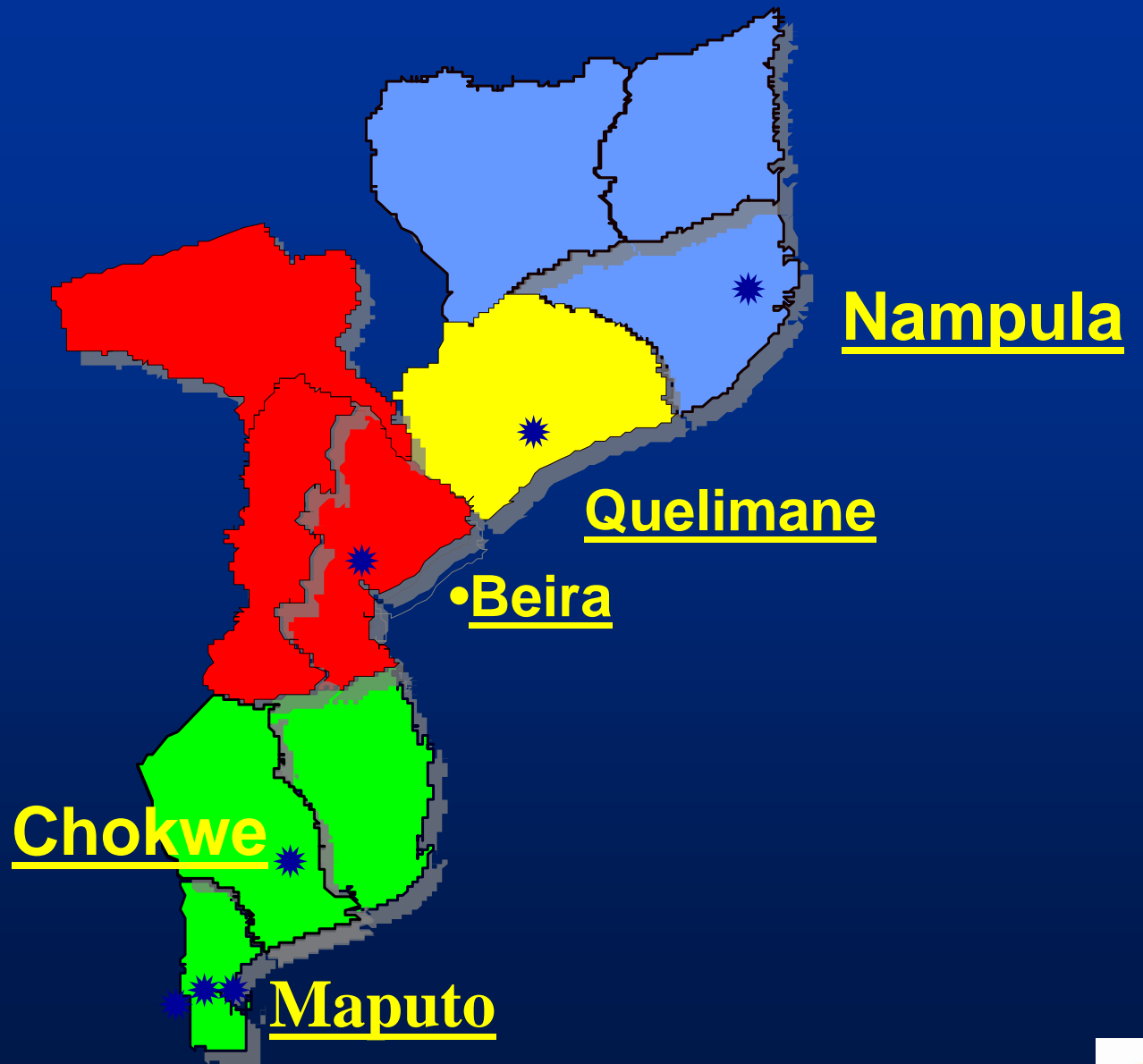
ADHERENCE ISSUES

PROPOSAL OF ACTIVITIES

- ✓ **TO CREATE A TECHNICAL AND MULTIDISCIPLINARY NATIONAL TEAM**
 - ✓ **PLANNING, DEVELOPING, ANALYZING AND CREATING STANDARD ADHERENCE STRATEGIES**
 - ✓ **TOWARD SPECIALS GROUPS (CHILDREN, ADOLESCENTS AND PREGNANT WOMEN)**
 - ✓ **COMPLEMENTARY ADHERENCE STRATEGIES (NUTRITIONAL SUPPORT, HOME BASED CARE, COMUNITY ORGANIZATION)**
- ✓ **CAPACITY BUILDING ON ADHERENCE ISSUES**
- ✓ **ELABORATED EDUCATIONAL MATERIALS TO PATIENTS AND HEALTH PROFESSIONALS**
- ✓ **MONITORING /SUPERVISION**
- ✓ **NATIONAL EXPERIENCES**

ADHERENCE BASELINE

- ✓ QUALITATIVE STUDY IN 7 DAY HOSPITAL –HDD (DAM/COLUMBIA)
 - ✓ NAMPULA
 - ✓ QUELIMANE
 - ✓ BEIRA
 - ✓ CHOKWE
 - ✓ MAPUTO(3)



OBJECTIVES

- 1. IDENTIFY THE MAINLY FACTORS THAT CAN INTERFERE WITH ADHERENCE TO CARE AND TREATMENT.**
- 2. TO ESTABLISHED A BASELINE ON ADHERENCE.**
- 3. TO PRODUCE EVIDENCE TO ENHANCE THE ARV ADHERENCE STRATEGIES AND IMPROVE ACCESS TO HEALTH CARE SERVICES IN MOZAMBIQUE.**

ACTIVITIES

- ✓ **HDD FLOW AND ROUTINES OBSERVATION**
- ✓ **IN DEPTH INTERVIEW AND FOCUS GROUP**
 - ✓ **DIRECTORS OF THE SERVICES**
 - ✓ **HEALTH PROFESSIONALS**
 - ✓ **PATIENTS IN ART**
 - ✓ **“CONFIDENTES”/ACTIVISTS**

ACTIVITIES



PRELIMINARY RESULTS

ADHERENCE ATTITUDES

"...I never miss a dose, because those medicines are my life and my hope"

"If the ART didn't exist ...probably I wouldn't be here"

"I'm afraid to become sick again"

PRELIMINARY RESULTS

SOCIAL PROBLEMS – HUNGER

“My child prefers to chew the pills... He is very hungry at the time to take it, and I don't have money to buy food.”

“I would rather let my child sleep than wake him for the pills,...because I can't feed him and he will not stop crying...”

PRELIMINARY RESULTS

TEAM BURNOUT

...“If it is possible I would like to provide mental health support to my team because there are so many patients every day, and we are exhausted...”

PRELIMINARY RESULTS

EXPANDING AIDS CARE CENTERS

“There are lots of patients here and the team is not sufficient, we wait several hours....”

“We need more health services in this town ...we are too many ...”

CHALLENGES

- TO MAINTAIN A HIGH LEVEL OF ADHERENCE AMONG A MAJORITY OF PATIENTS.
 - TO DEVELOP SIMPLE FORMS FOR A CONTINUOUS MONITORING SYSTEM.
- TO ENHANCE THE QUALITY OF COUNSELLING
 - TO DEVELOP AN EVALUATION "CULTURE"
- TO CREATE CONTINUOUS AND PERSONALIZED STRATEGIES TO FOLLOW THIS CHRONIC DISEASE.